Coach Broc (Chris Broccolino)

Player Development Coach, LCB Training LLC

"Work Hard. Be Memorable."

About

I played the game known for my effort and love for the game, not just my stats. I coach with the same standard. Every player I work with gets asked one question: "What do you want to be known for?" Everything we do, from swing mechanics to mindset, connects back to that answer.

I have 12+ years of player development experience and currently coach high school varsity baseball. My goal is to build players who believe in themselves, love the game, and give an effort people notice.

WHAT I TRAIN

Hitting | Fielding | Speed and agility | Strength and mobility | Mindset and player development

My Philosophy

In-person training is one or two days a week. What happens on the other days is what shapes your development. I build the plan for those days so training carries over at home.

Experience

- 12+ years as a Player Development Coach
- Current High School Varsity Baseball Coach
- Owner of LCB Training LLC

Accolades

- NJCAA National Champion, Oakton Community College
- Gold Glove Award
- 2x All-Conference College Athlete
- Academic All-American
- World Series All-Tournament Team

What I Offer Teams and Programs

1. Team Training and Clinics

In-person sessions for teams and groups: hitting, fielding, speed and agility, and strength and mobility.

2. Testing Days

Combine-style testing stations so players and coaches have a baseline and can track progress.

3. Club Development Partnerships

Club-wide access to the LCB Training app: a drill library, age-based workouts (gym, home weights, or bodyweight), The Playbook mindset guide, a weekly team focus, and video feedback from me. Teams train with you during the week, and the app covers the other days.

4. 12-Week Coaching Program

My one-on-one program for players who want a personal daily plan, weekly video breakdowns, and direct messaging with me.

5. Private and Small-Group Lessons

Book a call with Coach Broc
https://calendly.com/chrisbroc05/talk-with-coach-broc
Email: chrisbroc05@gmail.com | Website: lcbtraining.com | Instagram: @lcbtraining